

# ***LAC/LCC June 2018***

## ***Meeting Minutes***

### **In Attendance:**

DN. DA. JA. JJ. SL. GS. CS. SY.

**Introductions** – There have been no new nominations for a LAC chair so DN led the meeting. Sign in sheet was passed around and introductions were made.

### **Minutes from June meeting -**

- Proper rules for LAC group were discussed.
- May meeting minutes were reviewed and approved by JA.
- New business –
  - Discussion was held to decide whether to move the LAC meeting to the new adult mental health drop in center on Thursday afternoons. The group decided to move the meeting to the second Thursday of each month at 2pm at Common Ground a United Methodist Community Church in Cambridge. DN will look into the option of having it held the 4<sup>th</sup> Thursday of the month. Questions arose regarding being able to have food at the meeting and how long the drop in center will be funded and remain in the community.
  - Goals of the LAC were reviewed again. Advertising of the meetings needs to increase. Refer to previous minutes for ideas.
- Nystrom & Associates are opening an office in Cambridge. They will be located in the strip mall near True Value and the River of Life Church office.
- Gift card incentives continue for consumer attendance. There was 1 consumer in attendance at this meeting and therefore the drawing was for 1 gift card. The winner was DA.

### **July 12th agenda:**

- **Introductions.**
- **Approval of June minutes.**
- **Discuss proper rules for LAC group**
- **Provider introduction – Skip this month due to guest speaker. Ask for a volunteer for next month.**
- **New business**
  - **Speaker – Darcy Rylander from Allina**
- **Upcoming events – Isanti County Fair**
- **Gift drawings.**

Respectfully submitted,

DN NR

**NEXT MEETING will be Thursday, August 9<sup>th</sup> at 2pm at Common Ground a United Methodist Community - 404 Cypress St N, Cambridge, MN 55008**

**GOALS of the LAC –**

- Advertise the LAC to grow more consumer presence. Newspaper ads, case managers promote it, ARMHS workers encourage their clients participate, invite others...
- Invite speakers more frequently. Dietician, pharmacist, mental health providers to explain their roles (case manager, ARMHS, medication managers, etc), Cambridge ministerial association, opioid addiction/NARCAN training...
- Partner with local LACS. Have Isanti County consumers attend other county meetings, partner with other LACs to bring in speakers...