

Region 7E Governing Board Meeting
June 25, 2018
Isanti County Family Services
9:30am – 12:00 Noon

Attendees:

Governing Board Member	Affiliation	In Attendance
Angie Kemen	Chisago County	x
Monica Long	Chisago County	x
Sandra Achterling, Consumer Rep	Chisago County	x
Ashley Warling-Speigel, DHS Liaison	DHS	
Karyn Hansen, Member & Fiscal Host	Isanti County	x
Katy Zilmer, Case Manager Liaison	Isanti County	x
Steve Hansberry, Consumer Rep	Kanabec County	x
Chuck Hurd, 2018 Chair	Kanabec County	x
Char Kohlgraf	Mille Lacs County	x
Barbara Schmidt	Pine County	x
Becky Foss, Director Liaison	Pine County	x
Natalie Matthewson	Region 7E Planner	x

Guests: Rose Dunn and Tory Handy, Mora HRA; Ellie Miller and Gary Travis, DHS

Bridges Report, Rose Dunn and Tory Handy, Mora HRA

Tory reviewed the Bridges program and the eligibility criteria. There is a waiting list which follows the following preferences:

1. People residing in an institution or other segregated setting who will be homeless upon discharge.
 2. People experiencing homelessness who need permanent supportive housing.
 3. People who are experiencing homelessness or are at imminent risk of homelessness.
 4. People with a diagnosis of SPMI.
- There are 22 locations in the Region 7E area. The average tenant payment is \$268/mo. and the average housing assistance payment is \$474/mo. The average household income is \$10,679. The main source of income is Social Security for 77% of people on the waiting list.
 - Karyn and Rose agreed that it's been a good partnership and the Region appreciates that Mora HRA stepped up a few years ago when Region 7E needed an administrator.
 - People on the Bridges list are waiting to get on the Section 8 list and resources for both are very limited.
 - Use www.eastcentralhousing.org to search the area and list other local resources. Mora HRA meets with other housing authorities, landlords, etc.
 - Mora HRA is set up in MHIS now and have started working with Coordinated Entry, they have had one case so far.
 - They receive referrals from case managers but most often the participant comes to the office directly.
 - Support services are referred but tenants are not required to utilize a referred service provider. Mora HRA and the County Supervisors meet at the Governing Board meeting 2x/year as well as by phone as needed.
 - Rose will reach out to Lakes and Pines to collaborate whenever needed/possible. Lakes and Pines is a member of the East Central Housing organization.
 - Steve noted his concern that to receive services, people need to be identified as SMI and his concern is that if they are getting healthier, then they are at risk of not meeting the criteria to maintain their housing in Bridges as well as Section 8.
 - There have been two cases where people have been without financial income and the program has covered the entire rent for a limited time and then they were able to bounce back and find employment so they could start paying their share of the rent; the recipients were very appreciative.
 - They provide a Landlord Guide to landlords, so they understand the program and the leasing process.

Gary asked for an update on the housing project. Karyn noted that meetings with the City of North Branch have gone very well. The current situation is that the service provider is having difficulty projecting that they will stay within budget and there are concerns about working with the service provider.

Gary advised that DHS will be applying for Medicaid services and will have a public comment timeframe. There is a separate RFP coming out in January/February of 2019 for funding starting summer of 2019, Gary advises the Region to apply for service funds for next years' service cycle

MOTION: Karyn Hansen made a motion to approve the May minutes Barb Schmidt seconded with all ayes, motion carried.

DHS Report, Ashley Warling-Spiegel

Here are updates from the Behavioral Health Division as well as follow-up to questions asked at last month's meeting:

Reporting

- Crisis application due 7/20/18
- AMHI application due back 9/14/18
- A reminder: All regions are to be actively working with non-county providers who are missing MHIS data. Cortney will have some follow-up emails to send this week or next with detailed data reports.
 - Providers who are missing data should submit data to MHIS if able.
 - If they are unregistered with MHIS currently, they should contact Cortney to discuss alternate submission routes.
 - If they are running into technical difficulties with MHIS submission, they should contact Cortney for technical assistance.

Programs

- Certified Peer Specialist trainings for 2018 posted at <http://peerslinktohope.org/training/>. Please note, the trainings need a minimum of 14 attendees for the training to take place.
- RFP's out for bid
 - [CCBHC SAMHSA Funding](#) Due July 1
- Federal Block Grant Visit by SAMHSA: 7/24 through 7/26 for MH & SUD Block Grants
- I followed up again with Heron Abegaze regarding the LAC handbook. I was informed again that it is not ready for distribution, but she will inform us when it is.

Legislative

I talked with my team about more in-depth discussions on the legislative session. In the meantime, this is a brief overview of what came out of the session:

- \$30 million for permanent supportive housing for people with a mental illness: (Minnesota Housing Finance Agency)
- \$28.1 for 16 bed mental health facilities
- \$2.2 million for HVAC and electrical work in St. Peter Dietary Building
- \$6.65 million for Roof and HVAC replacement at Anoka Metro Regional Treatment Center
- \$1.9 million for Scott County IRTS facility
- \$900,000 for White Earth Tribe Opioid Center
- \$6.2 million for Dakota County SMART Center for Crisis Intervention Training for police officers.

MHIS update

Steve expressed concern about how DHS and the Legislature are using the information.

Rise reported to Natalie that they are keeping a list of what they submit to DHS because what is reported is inaccurate.

Canvas is working to submit info to DHS.

Directors Report, Becky Foss

- The Directors meeting was cancelled to attend the crisis meeting.
- Thank you for funding the drop in center.

- Pine County had 5 people at their site last week.
- Natalie and Sara discussed the \$500 transportation gas cards/vouchers for people to get to the drop in center. Pine County is subsidizing additional funding to get rural people to the drop in center. Barb advised people at the LAC meeting to contact their county case worker.
- Chisago County had 13 people at their site. There were two people who hadn't seen each other since the last Chisago County drop in center who were reunited and were excited about it.
- The group agreed that foster home residents are welcome to go to the drop in center but the home has to provide the transportation. People from outside the region are welcome to attend the drop in center but again they need to provide their own transportation.
- Isanti and Chisago counties are planning to move their LAC meetings to the drop in center. Chisago County is planning to create a brochure for the LAC.

Planner Report, Natalie Mathewson

MOTION: Karyn Hansen made a motion to approve the Mille Lacs County request for housing flex funds over \$400 for first months rent and deposit. Angie seconded. Motion approved.

MOTION: Steve Hansberry made a motion to approve the Isanti County request for housing flex funds over \$400 for car repair. Char Kohlgraf seconded. Motion approved.

- Canvas Health budget. The revised Crisis after hours budget is as follows:
 - Current allocation \$16,200
 - Option #2: total for six months \$8,708.66 less remaining Crisis Connection Budget of \$7,761.79 = \$946.87 needed to fund through the end of 2018.
 - The plan is to take the \$946.87 from the new (requested) crisis funds and if the Region doesn't receive the full application funds request, it was suggested that the fiscal host transfer \$946.87 from uncompensated.

MOTION: Karyn Hansen motion to open the Residential Crisis RFI again by sending out notices, posting on the website, announcing at the afternoon Provider meeting, and posting in newspapers. Steve Hansberry seconded. Natalie will review the ad before posting again. All ayes. Motion carried.

- Lucas Peterson, DHS Managed Care will attend the August Provider Meeting as well as the Governing Board meeting.
- A Place for You. Tressa Hunting was appointed as the new director. Natalie met with Tressa and two of the board members to ensure that the funding from Region 7E is being used appropriately. Natalie received a call from Tressa a week later expressing concern of conflict of interest. They hired a new interim director, Vickie VanderVegt. Natalie stated that Tressa has put together some good programs.
- 2019 request for funds is ready to go and Natalie will send out and post to website this week.
- Budget: spending is right on target.

MOTION: Barb Schmidt made a motion to move \$2,500 from uncompensated to 403 for the Residential Crisis RFI advertising, seconded by Karyn Hansen. All ayes.

2019 and 2020 crisis grand application, Karyn Hansen

Deadline is extended to August 3, 2018. Meeting regarding new crisis provider on July 12.

Fairview contract, Angie Kemen

- Rush City building has moved down the hall.
- Phones and computers have moved into the new space.
- There's no door to our space.
- There are at least two staff plus pharmacy staff, and RAs on duty.
- Contract will stay as is until the new year unless the clinic's virtual program isn't successful.
- Chisago will process the funding request. The payment decision for 2019 will go back to the directors.

Willow Grove Supportive Housing Update, Angie Kemen

Had a conversation with Tom and John about meeting the budget. They stated they are unable to bring budget in line and they understood if other providers would be sought for bids. Goal to break ground September first. The housing finance association needs us to have a service provider in place before they will break ground.

Consumer rep update, Sandra Achterling

- Attended Pine County LAC Meeting, lots of positive feedback.
- Also attended Chisago County LAC and discussed a brochure and attendance.

Consumer rep update, Steve Hansberry

- Pine County LAC, 2nd Tues each month, 11-12N at Our Redeemer Church. Steve provided White Castle for the first meeting.
- Data analysis to predict suicidality – he feels its better if doctors just ask.
- Steve expressed his concern that abusers take advantage of smart home features and wonders how to counsel people in this situation. He distributed an article.
- Steve will miss the next two meetings.

Rise, Mike

IPS services contract with Phase ends July 1 and Rise has decided not to renew the contract with Phase. The Region provides a match to that contract. So far year to date, Phase has served 4 people, but the contract is for 7 and they've never met the goal. Rise has partnered with Phase for 16 years; there's no bad blood, but Mike wanted to ensure the correct information is relayed to the GB and the community. Rise met with Phase several times encouraging them to increase referrals and service contract. Rise will still take in referrals from Pine County. Rise will take over management of the four people Phase has been serving. Barb asked Mike to attend a Pine County Staff Meeting to provide the explanation.

Karyn Hansen motion to adjourn, Beth Crook seconded. Adjourned at 12:05pm.

July GB Meeting –start at 9:30am

- *Crisis update*
- *Budget review for second quarter*

August Budget Meeting: August 17

August GB meeting: August 27