Attendees:

<table>
<thead>
<tr>
<th>Governing Board Member</th>
<th>Affiliation</th>
<th>In Attendance</th>
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</thead>
<tbody>
<tr>
<td>Angie Kemen</td>
<td>Chisago County</td>
<td>x</td>
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<tr>
<td>Monica Long</td>
<td>Chisago County</td>
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<tr>
<td>Sandra Achterling, Consumer Rep</td>
<td>Chisago County</td>
<td>x</td>
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<tr>
<td>Ashley Warling-Spiegel, DHS Liaison</td>
<td>DHS</td>
<td>By phone</td>
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<tr>
<td>Karyn Hansen, Member &amp; Fiscal Host</td>
<td>Isanti County</td>
<td>x</td>
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<tr>
<td>Penny Messer, Director Liaison</td>
<td>Isanti County</td>
<td>x</td>
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<tr>
<td>Katy Zilmer, Case Manager Liaison</td>
<td>Isanti County</td>
<td>x</td>
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<tr>
<td>Steve Hansberry, Consumer Rep</td>
<td>Kanabec County</td>
<td>x</td>
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<tr>
<td>Chuck Hurd</td>
<td>Kanabec County</td>
<td>x</td>
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<tr>
<td>Char Kohlgraf, 2019 Chair</td>
<td>Mille Lacs County</td>
<td>x</td>
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<tr>
<td>Barbara Schmidt</td>
<td>Pine County</td>
<td>x</td>
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<tr>
<td>Natalie Matthewson</td>
<td>Region 7E Planner</td>
<td>x</td>
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Guests: Katie Heacock, Kanabec County; Rose Dunn and Tory Handy, Mora HRA

MOTION: Karyn Hansen made a motion to approve the February Governing Board minutes with the noted changes, Angie Kemen seconded. All ayes, motion carried.

DHS report, Ashley Warling-Spiegel
Ashley will send her update to Natalie.

Directors Report, Penny Messer
Did not meet in March, no report.
Nancy Dahlin’s last day is Friday, March 29, 2019; Monica Long is taking over as interim director. Reception for Nancy will be in Center City on Friday from 9-11am.

Consumer Rep Report, Steve Hansberry
- Steve has attended a number of LAC meetings. Steve contacted the pastor at the church where the Pine County LAC meets to invite him to attend the next LAC meeting.
- May not be at the May meeting because he has a scheduling conflict.
- Steve plans to complete his term as Region 7E AMHI Consumer Rep through the end of 2019 and will not pursue again next term.
  - Natalie will plan to advertise for his replacement in the fall after the budget meeting.
- Two public events coming up, one in Braham and one in Cambridge. Steve is hoping to get some suicide prevention brochures to each of the meetings.
- Steve has been promoting the warm line on behalf of Wellness in the Woods. He has presentations at Lighthouse and First Light to promote the warm line. He noted interest in attending other meetings to promote the warm line. He was invited to present at the next Regional Case Managers Meeting in May. Jodi is considering offering a training meeting in this area and Steve will confirm the date. Wellness in the Woods has a monthly staff meeting, there are 5 regular workers and 7 on-call workers.
- Steve plans to attend the April 30 Positive Behaviors Supports Forum Meeting.
- Distributed article on $15 wage
- NAMI legislative update – Steve will update at the afternoon LAC meeting.

Consumer Rep Update, Sandra Achterling
• Attended the Chisago LAC meeting.
• Spoke to the Library to see what nights the meeting room is typically available for the Family to Family Training.
• Discussed need and availability of transportation; Heartland wasn’t aware of the voucher program with Lighthouse Drop in Center.
• Is working with her Pastor to connect with the Native American community to help bridge the gap.

Case Manager Update, Katie Zilmer
Warm line has been positive. She had a case she was working on and unable to attend last meeting.

Willow Grove Supportive Housing Update, Karyn Hansen and Angie Kemen
• Karyn reported that the Region reduced 2019 funding for Rippley Richard to $5,000 and those funds will be spent in full. She further reported that the Central Minnesota Housing Partnership will take on those duties.
• The closing date is expected to be April 1 and can break ground after that date.
• Nystrom will be the service provider. This year $50,000 will go to the service provider. Amending the 2018 contract now and will issue the 2019 contract when we are closer to the ground breaking. Isanti County received an accounting of how the $50,000 was spent.
• The housing committee will start working on MOU, criteria, waiting list, etc.
• Look in OLD minutes, prior to March 2014 to see how many beds each county put toward the housing and what the discussion was.
• Barb suggested that the Directors be involved in the CFR agreement as there are concerns about clients from an outside county with regard to the CFR.
• Will start planning the ground breaking ceremony – Pine County might have a golden shovel.

Bridges, Rose Dunn & Tory Handy
• Tory reviewed participant data, page 2 of their handout, heavy in Isanti and Chisago counties, but are seeing an increase in other counties. Ave income, payments, etc. applicant data – household count is household not persons. Steve asked about the heavy usage in Isanti and Chisago Counties and Tory stated that they do reach out to other counties/areas.
• Rose noted that the program does not financially support itself and their Board stated they must submit the application asking for a higher admin fee, they currently get $45 and asked for $55, but they were told that the admin fee will not be increased.
• Rose reviewed the administration expenses. She noted that the $177/mo is really light as it costs more in time spent. HQS inspections most of which are in Chisago - housing quality standards, before someone moves into a unit it must be inspected. Staff training, not a lot available and staff is not trained to work with mental health clients. This is the only program they manage that they must report in MHIS and the training is quite extensive. Their expenses for the past year have been $15,920 which is almost $3,000 more than what they have been funded.
• They reached out to Lakes & Pines and others to see if they might be interested in taking over the program management. Rise is interested in learning more but also concerned about the admin fee; Natalie will follow up to establish a meeting between them.
• Mora HRA feels it would be better for another agency who has staff trained in working with mental health clients. First commitment is to make sure that the clients are served, but as a government agency they can’t have one program support another.
• Minnesota Housing Finance should advise by early May.
• Char suggested that if we have any unspent funds the Region might consider providing $3,000 to offset their increased expenses for housing coordination. Ashley will follow up with Gary Travis about supplementing the Minnesota Housing Finance Association.

Planner Updates, Natalie Matthewson

R7E AMHI Governing Board Meeting Minutes, 032519
Region 7E AMHI informational website: www.adultmentalhealth.org  https://www.facebook.com/adultmentalhealth/
• MHIS group met March 19, part of funding is paying for staff in the Region to go to the training. Canvas does batch reporting, so they haven’t signed up for the training. Group meeting 3rd Wednesday of the month through June. In the initial request for suggestions, Steve recommended that consumers be advised of the reporting program. Each provider has their own form and there will be discussion on how to streamline the forms to avoid duplicate work and same questions from consumers from multiple providers.

• 2018 budget, $22,672.19 will be returned to DHS because of funding returned by providers.

• 2019 budget, page 4, 15% of the budget has been spent overall and at the end of February we are at 17% of the year.

• Plan to establish the schedule of dates to solicit funding requests for 2020 budget – will be on the May agenda.

• Crisis After Hours Service, Natalie invited Cre to attend the April meeting. Rory noted that things are going well with few issues. Rory will be reaching out to Mille Lacs Band about hiring for the on-call team.

• Contract updates working on Fairview agreement, they may just contract for a room between Fairview and Isanti County and leave everything else out of it.

• Community Conversations meetings are going well, but lost some participation when the list moved to the gmail list. The Education Team put out a survey for individuals NOT in the field, survey is due April 5 and next Education meeting is April 23.

• Resource Training Solutions put out an article on the Community Conversations with an interview of Aliina Knickerbocker, nice article.

• Kim Strand, Char Kohlgraf, Rory, and Natalie met with the Mille Lacs Band to discuss services.

• March 7 requested information from Regions 5 and 3 regarding video conferencing. The objective to provide a virtual conferencing service is to increase participation during the Provider Roundtable Meetings for outstate providers, for weather issues, and to increase participation.

• Drop in Center update, Natalie visited the Mora center this week and chatted with consumers. Have had 101 unduplicated consumers to date. There is a lot of down time and would like to consider reducing the hours, would like to consider other options moving forward. $14,000/annual rent for the five churches; one ARMHS worker to drive to each county eats up funding with mileage and drive time. Steve suggested using peer support specialist rather than an ARMHS worker. Another suggestion is to consider using ARMHS workers coming from within each county.

• Natalie will be presenting to the Isanti County Probation Advisory Group.

Public comment: Susan Eisenbacher preparing for opening April 15, open house April 11 from 2-5pm.

Meeting adjourned 11:40am

April Governing Board Meeting, 9:30am
• Cre Larson to attend via conference call to discuss Q1 stats
• Rise requests report on current cases how many are competently employed or supportive employment services or how many not working

May Governing Board Meeting, 9:00am
• Directors have been invited
• Limit agenda items for this meeting as this will be the Planning Meeting with Supervisors and Directors