

UNDERSTANDING Adverse Childhood Experiences

Building Self-Healing Communities

**Thursday, September 26th
11 a.m. - 2 p.m.**

at

Recovering Hope Treatment Center

2031 Rowland Road, Mora, MN 55051

FREE Community Workshop • CEU's Available • Lunch Included

The Understanding ACEs: Building Self-Healing Communities presentation provides information about the ACEs study, along with neurobiology that explain why ACEs impact people's lives and what we can all do to dramatically improve health and resilience for this and future generations.

The Adverse Childhood Experiences (ACE) Study findings represent a paradigm shift in human understanding of the origins of physical, social, mental, and societal health and well-being. We now know that leading causes of disease and disability, learning and productivity problems, and early death have their roots in the cumulative neurodevelopmental impacts of Adverse Childhood Experiences (ACEs).

Registration Requested

[Register here](#)

or go visit our website

recoveringhope.life/calendar-of-events

If you have questions, please contact

sadie@recoveringhope.life

Ph. 844.314.4673



The Strength to Change. The Spirit to Live.