## STOPSTIGMA

# Isanti County <br> Local Advisory Council (LAC) 

"Working to improve the Mental Health system in Isanti County"

## What are we?

* The Isanti County LAC is a group of community members and mental health providers who work together on issues that affect adults and children with mental health issues in our community.
* The goal of the Local Advisory Council (LAC) is to connect with our community to receive feedback on what services are working, and where we should focus on improvements!


## What do we do?

* Work together to present ideas to the County Board about gaps and needs in mental health in our community.
* Share ideas and resources about mental health: local resources and agencies, conferences, programs, information.
* Monthly speakers to present on mental health topics.


## JULY PRESENTATION: CMC OUTPATIENT PROGRAMS

* Learn about the new adolescent programs opening with CMC's expansion
* Find out what an average day at Day Treatment or the Partial Hospitalization Program looks like
* How to get a program assessment and how long it takes to get started

When? The $4^{\text {th }}$ Thursday of the month from 12:30 -1:30pm
Where? Isanti County Health and Human Services Building; due to COVID we are also offering a virtual option.
Who? Meetings are open to the public!

## 2022 dates:

tamuary 27

## Aprill 28

July 28
November 17 (3 ${ }^{\text {rd }}$
week due to holiday)

Get more information, ask questions, and access the virtual platform by calling (763) 689-
1711 and ask to speak with someone in mental health intake.

Ask us about transportation!!

## Attendees will be

 entered into a drawing for a \$25 Walmart gift card!

