

Region 7E Adult Mental Health Initiative

Regional LAC Meeting Minutes

July 24, 2023; 1:00pm – 2:00pm; In Person at Isanti County Family Services and via Zoom

Present:

Asanovich, Jennifer	Acrs for Life
Beise, Joy	Voc Rehab
Broekemeier, Sadie	Recovering Hope
Eskola, John	TSA
Filmore, Elizabeth	RSI
Flack, Leon	UCare
Hawkins, Emily	Isanti County
Heacock, Katie	Kanabec County
Ihrke, Kelly	Chisago County

Jeffrey, Danielle	BluePlus
Klanderud, Nicki	CMC/Allina Health
K., Joel	Pine County LAC
Lind, Nicole	RSI
Lussier-Erickson, Katrina	Empower
Mikrot, Lisa	Safe Transitions
Schmidt, Barb	Pine County
Wilka-Pauly, Jane	Medica Behav. Health
Wright, Ashley	Consumer Rep

Joel K. opened with introductions and attendees shared whether they prefer cats or dogs.

Governing Board Report, Barb Schmidt

- The Board plans to establish a September date for the Budget Meeting.
- Reviewing funding requests for 2023.
- DHS Block Grant, GB voted to accept these funds. It has tiered deadline dates.

Consumer Rep, Ashley Wright

Ashley shared information from peers to the Board.

Chisago County LAC, Kelly Ihrke

- This Wednesday will mark the start of moving back to in person meetings, meet every other month.
- Recently met with DHS regarding LACs and they are being supportive.
- Looking to improve attendance.

Kanabec LAC, Katie Heacock

Spending this week at the fair to promote mental health.

Pine LAC, Joel

- Had a speaker from Senior Linkage Line.
- Will be attending the Pine County Fair which starts first week in August. Looking for help staffing the booth from the Drop in Center and LAC.
- Swimming at the Rush City Aquatic Center tomorrow, weather and air quality permitting.
- Working to build attendance and looking for new speakers

Wellness in the Woods, Ashley Wright

- Recovery in the Woods event last Saturday.
- Imagine network event attendance have been increasing in some counties.
- Jail Peer Supports has expanded to Todd County.

Medica, Jane Wilka-Pauly

Gas and care outreach for medica members, will receive a text reminder.

Rapid psych appointments available and prepaid

UCare, Leon Flack

Vice President left the org, did a fabulous job at UCare.

Blue Plus, Danielle Jeffreys

Incentive program moved from paper to digital, related to pregnancy. If in hospital if seen within 7 days, they receive a monetary incentive – now it's digital.

Empower, Katrina Lussier-Erickson

Immediate openings for outpatient, can start group right away.

Looking to hire for LADC.

Acres for Life, Jennifer Asanovich

At Running Aces August 3 in support of a mental health fundraiser for acres for life.

Looking to hire a mental health professional and clinical staff

Walk for Recovery on Aug 9 at the Capitol.

TSA, John Escola

New outpatient interns for adults in Pine City and Cambridge

Safe Transitions Lisa Mikrot

No waiting list for ARMHS, accepting referrals.

RSI, Nicole Lind

Now have an employment specialist in the Region.

Ivy acres program will close at the end of the month and then will reopen as an 8 bed IRTS and CSS.

RSI, Elizabeth Filmore

Looking to do outreach to businesses.

Recovering Hope, Sadie Broekemeier

- On August 16, they will be celebrating their seven year anniversary, the event will be held at Mora Park.
- They have received approval to start an adolescent program, working on details and the timing for launch.

DEED, Joy

Busy, lots of referrals.

Chisago County, Angie

New position of Community Outreach Coordinator to work with law enforcement for mental health and substance use to connect individuals with providers.

Pine County, Barb Schmidt

- Operation Community Connect, August 23 from 10-2 at the Hinkley Finlayson High School, Door #16.
- Free backpacks, cooking supplies, and lots of resources
- Drop in Center Tuesday's 10-2:30 at the Pine City Senior Center

Isanti County, Emily Hawkins

- Operation Community Connect coming up
- Aug 17 Community Wide Baby Resource Fair: photos, give aways, resources, behavioral health, financial information: 10:30-12:30 at Pinewood Event Center

Kanabec County, Katie Heacock

Very busy