

Region 7E Adult Mental Health Initiative

Regional LAC Meeting Minutes

September 25, 2023; 1:00pm – 2:00pm; In Person at Isanti County Family Services and via Zoom

Present:

Anderson, Jennifer	Canvas ECCS
Filmore, Elizabeth	RSI Employment Serv.
Hawkins, Emily	Isanti County
Heacock, Katie	Kanabec County
Ihrke, Kelly	Chisago County
Jeffrey, Danielle	BluePlus
Klanderud, Nicki	CMC/Allina Health
K., Joel	Pine County LAC
Lind, Nicole	RSI
Lussier-Erickson, Katrina	Empower

Putnam, Amanda	WeCare
Young, Will	
Higgen, Brandon	WeCare
John	TSA
Harper, Mike	Rise
Salter, Michelle	A Place for You
Stone, Sharon	Safe Transitions ARMHS
Acevedo, Theresa	Medica

Joel K. opened with introductions and attendees shared whether their team is the Minnesota Vikings or the Green Bay Packers.

Governing Board Report, Char Kohlgraf

Discussed 2024 spending/contracts. Unfortunately we had more requests than we were able to fund, so had to make some hard decisions.

Liz Radosevich resigned, so invoice s should go directly to Emily.

Chisago County LAC, Kelly Ihrke

Discussed services available in the community.

There is a virtual WRAP group and that is of interest, but being in person is preferred.

DHS LAC workgroup working on updating list of LACs in state with goal to learn what each are doing, want LACs to recommend services for when DHS is making their legislative proposal

Pine LAC, Joel

In person meetings.

Had a few speakers on various topics, one on suicide prevention. Reinforced calling 988 or texting 741741.

Moving forward with different activities.

ECCS, Jennifer Anderson

Hiring .55 FTA crisis clinician

At schools for open houses

Volume picking up with school starting

WeCare, Brandon Higgins

Looking for another staff member for Pine County/Isanti, Chisago Counties.

Providing MNSure navigation services

Blueplus, Danielle Jeffrey

Now opening peer support services starting January 2024 for individual and family members. All peer support services available to MA services remain.

Case managers available to help members get connected to care

<https://www.bluecrossmn.com/about-us/newsroom/news-releases/blue-cross-and-blue-shield-minnesota-adding-mental-health-peer>

Empower, Katrina Lussier-Erickson

Openings in MISUD treatment program Mon-Thurs; 9-12n or 5:30-8:30pm

No openings for mental health services because they are short staffed and hiring.

TSA, John Escola

Two interns in Pine City office who has openings

Also have an intern in Cambridge office and he has openings

A Place for You gala this Friday. Michelle Salter is moving up and Will Young will provide guidance.

Rise, Mike Harper

Reviewed YTD updates

Employment programs served 109 people

Housing served 63

ARMHS served 67

Grant with TSA to increase housing stabilization for individuals on MA. TSA has completed training and an application to DHS and waiting to learn the results/approval. Idea to train four other providers to write the plans to increase capacity and specifically for those without county case management.

CMC, Nicki Klanderud

CMC no longer offering inpatient mental health services and working to expand outpatient services. Micheal Keller on board and moved mental health clinic to hospital based clinic which will offer more services. Also have adult partial hospitalization program and adolescent program – refer into those programs by calling CMC. They attend all day and then they go home and spend the evening at home, 15 day programs.

RSI, Nicole Lind

Sandstone and Mora home openings

Hired a community connector based in North Branch

Residential crisis program, finally submitted application and waiting to hear from DHS

Elizabeth Filmore stated their employment services at capacity in Duluth and open to referrals.

Sharon Stone, Safe Transitions

Expanding services

Medica, Theresa, Acevedo

Have hosted member advisory committees focused on mental health and health equity and gathered lots of great feedback. They do have prepaid psych appointments available for Medica members, can usually get them scheduled in one or two days by calling the behavioral health number on the ID card, telehealth for R7E.

Mille Lacs County, Char Kohlgraf

Fully staffed, busy.

Kanabec County, Katie Heacock

Staff busy preparing for OCC in October

Isanti County, Emily Hawkins

Staying busy, fully staffed.

Hoping to receive the mental health block grant funding from the State to work with LE