

Region 7E Adult Mental Health Initiative

Regional LAC Meeting Minutes

November 27, 2023; 1:00pm – 2:00pm; In Person at Isanti County Family Services and via Zoom

Present:

Hart, Ariana	Allina
Hawkins, Emily	Isanti County
Ihrke, Kelly	Chisago County
K., Joel	Pine County LAC
Lind, Nicole	RSI
Lussier-Erickson, Katrina	Empower Recovery Services
Mikrot, Lisa	Safe Transitions

Luehring, Michelle	UCare Substance Use Liaison
Walka-Pauly, Jane	Medica Behavioral Health
Flack, Leon	UCare
Young, William	A Place for You
Escola, John	TSA

Joel K. opened with introductions. Attendees shared what they are thankful for this Thanksgiving season.

Governing Board Report, Emily Hawkins

- The Board is in the process of hiring a Planner.
- Update for Mental Health Block Grant, no new information, but hopefully in 2024.

Chisago County LAC, Kelly Ihrke

- Meeting in person, every other month.
- Have a few members and hope to secure new members.

Isanti County LAC, Emily Hawkins

- Looking for 8 new members, they have posted the invitation in local papers.
- Have redone Bylaws for the LAC and it's now a stipend position. \$60/meeting and 4 meetings per year.

Pine County, Joel K.

- Drop in Center has new hours: 10:00am-2:00pm each Tuesday.
- The holiday party will be on December 19, RSVP by December 5.
- Dec 12 meeting has been cancelled, will resume January 9.

UCare, Leon Flack

Michelle and Leon will alternate attending these meetings depending on their calendar availability.

Isanti County, Emily Hawkins

Planner position will be hired through Isanti County

Medica, Jane Wilka Pauly

- 2024 benefits will be rolled out in January 2024.
- Looking forward to getting more involved in Region 7E AMHI.

Empower, Katrina Lussier-Erickson

Immediate openings in outpatient treatment groups.

A Place for You, William Young

- One male opening currently
- They started a new hotel voucher program to enable them to serve more people in the area. If there are no openings at the shelter and availability at the hotel, individuals will be given a voucher to stay. Interested individuals should call A Place for You for placement. Trying to steer clear of the warming shelter if the house or hotel are not available.

Allina Health, Ariana Hart

- They offer partial-hospital and day treatment programs.
- Their adult program has availability.
- Adolescent program, ages 13-18 and still in high school, is going well.
 - Partnered with Cambridge/Isanti School District.
- Expanded day treatment programing.
 - Adolescent after school program-currently partially staffed but have hit delays and hope to launch soon; will be three days/week from 2:00-4:30.

Safe Transitions, Lisa Mikrot

No updates.

RSI, Nicole Lind

Lotus Grace, their Cambridge IRTS facility. Need one more meeting with DHS, but things are going well. Had a hiccup with the lodging license but on track now. Shooting for April 1 opening.

John Escola, TSA

Interns finishing up training and starting to see clients in Cambridge and Pine City.