



WEBINAR

STRENGTH IN CONNECTION:

FOSTERING BELONGING FOR YOUTH AND COMMUNITIES

TUES. OCT. 1ST ~ 10-11:30AM

Presented by Merri Guggisberg, Certified Parent Coach and founder of MKG Parent Coach

Join us for an insightful session focused on the crucial role of connection and belonging in promoting well-being and resilience among individuals and communities. Throughout this session, we will explore evidence-based insights into the correlation between connection, belonging, and positive health outcomes, and discuss practical strategies for strengths spotting and community building. We'll also provide concrete action steps for attendees to implement in their professional practice. Don't miss this opportunity to deepen your understanding of how fostering connections can contribute to positive outcomes for individuals and communities alike. This webinar will be recorded. **There is no cost to register for this webinar.**



Merri Guggisberg brings expertise in fostering connection and belonging within families and caregiving environments. With a focus on mindful parenting and building loving relationships, MKG Parent Coach offers valuable insights and practical strategies for nurturing strong family bonds and promoting well-being among parents and children. Don't miss their contribution to our session, as we explore the importance of connection and belonging from both professional and family perspectives.

REGISTER 

or go to: [eventbrite.com/e/1005184412637](https://www.eventbrite.com/e/1005184412637)

questions? contact madeline@ansrmn.org



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