

Chisago County LAC Meeting Minutes
January 8th, 2025
1-2 pm
Main Street Church, North Branch

Attendance:

- ❖ Welcome/ Agenda Addition
Kate Thron – Chisago County AMH/ CSP,
Stacy Johnstone – consumer rep AMHI Board, Amanda Stevenson – Region 7E Planner
AS, JS, MO, JR
- ❖ LAC business
 - (Ongoing) Formal proposal for gas card or gift certificates- Persons receiving services, and not attending in a professional capacity, will receive \$20 per meeting. Currently this will be in the form of a check. This could change to a gas card in the future.
- ❖ Regional Adult Mental Health Initiative (AMHI) updates
 - New services funded by AMHI for 2025 are ACT and nature based mental health support group through Growing Connections – Growing Resilience. New location in North Branch and the Women’s Environmental Institute. Updates for dates and times will be provided once received. Need SPMI, total of 8 participants. Fundable through waiver services, not through insurance.
 - Resource guides will be updated over the next several months. Call for new providers to be included/ added as noticed. Draft to be sent out before sent to printing.
 - Adultmentalhealth.org – open for feedback. Goal to make new additions/ changes.
 - Advocating for Chisago County person to receive incentive/ reimbursement if they attend Regional LAC meeting on January 27th from 1-2 pm in Cambridge – Isanti County HHS conference room A. Next State LAC will be held Feb 5th from 3:30-5:30 virtually or in person down in the cities.
 - Transportation update – Amanda reached out and was told that there is no reduction in service to Chisago County however there will be a restructure of routes in 2025. No routes have been eliminated. Rates have increased to \$5 one way within Chisago County (for Arrowhead).
- ❖ Resources
 - Upcoming: Mental Wellness Day hosted by Zion Lutheran Church
 - Saturday January 25th 8:30 am-2:15pm
- ❖ Events/Training:
 - Drop-in center calendar can be found on adultmentalhealth.org
 - Wednesdays; Hours 10-2, Main Street Church in North Branch
 - Virtual Peer Support Network calendar can be found on adultmentalhealth.org website
- ❖ Ongoing recommendations/needs: *Permanent affordable housing, improved access to ARMHS and CTSS, Transportation, Peer Support Specialist jobs/volunteer opportunities
 - Transportation concerns discussed from perspective of parent of child with disabilities – there is no non-medical transportation offered outside of Chisago County (school, entertainment).
 - Suggested speaker/ resource topic - Wisdom of Trauma by Gabor Mate viewing 1.5 hours suggested.
- ❖ Proposed LAC Schedule 2025

January 8, 2025

March 12, 2025

May 14, 2025

July 9, 2025

September 10, 2025

November 12, 2025

❖ Adjourn