



WEAVING UNDERSTANDING

FREE PARENTING WORKSHOP

A hands-on, one-day workshop where we will create a cozy finger-crocheted blanket while learning practical strategies for supporting children with neurodivergence and mental illness. No experience necessary.

**SATURDAY, JANUARY 24, 2026
PINE CITY, MN**

REGISTER TODAY

Email jlaron@ascentwellness.org

Register by 1/15/26

Seating limited to 12