

FREE MENTAL HEALTH CLASS

# CREATING CARING COMMUNITIES

Learn about mental illnesses, the impact of negative attitudes and five things each of us can do to make Minnesota a better place for people who experience a mental illness.

This one-hour class is for any community or organization interested in learning about mental illnesses and helping to change attitudes towards mental illnesses.

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FOR **GENERAL  
PUBLIC**

**WEDNESDAY, JAN 28**

11:00 am - 12:00 pm

**CHISAGO COUNTY  
DROP-IN CENTER**

6500 Main Street  
North Branch, MN 55056



National Alliance on Mental Illness

**MINNESOTA**



[namimn.org](http://namimn.org)

[namihelps@namimn.org](mailto:namihelps@namimn.org)

**651-645-2948**