

PICK'M Up Suicide Prevention Coalition

Meeting Minutes

Date: Friday, December 19, 2025

Time: 9:00 AM – 10:00 AM

Location: Virtual via TEAMS

Attendance

Brianne McClellan, Amanda Stevenson, Jennifer Bonde, Deb Kenney, Jennifer Anderson, Laura Stumvoll, Veda Doerr, Beth Kelling, Claire Pikula, Natalie Matthewson, Ashley Gnat, Shawna Suomi, Mary Boe, Raven Baker, Michelle Crandall

A. Subcommittees & Meeting Structure

- Discussion on using breakout rooms versus a divided meeting schedule.
- Decision: Begin 2026 meetings by dividing time equally among the three coalition pillars (~30 minutes each).
- Subcommittees may be formally established later in the year if needed.

B. Outreach & Engagement

- Send out an outreach script to reconnect with individuals on the listserv who no longer attend meetings.
- Goal is to understand barriers to participation and invite re-engagement.

C. Future Focus

- Members will reach out to individuals within the following focus groups to assess interest in joining the coalition:
 - Mille Lacs Band
 - Males
 - Gun Owners
 - Law Enforcement / EMS
 - Youth

D. Postvention

- January meeting will be held in person and will focus on postvention best practices.

E. Buffalo Strong Model

- Initial discussion on potentially replicating aspects of the Buffalo Strong structure, including panel interviews and facilitated discussions.

F. Upcoming Events

- January 9 – Regional Quarterly Networking Meeting

- January 24 – Ascent Wellness Workshop
- April 15 – Native American Traveling Resource Fair (Fond du Lac)
- May 21 – Pine City Wellness Fair

G. Other Updates

- Sherman Buildings gun lock video was shared.
- Coalition will begin collecting county-level suicide demographic data across the region.

Next Meeting

Friday, January 16, 2026 | 9:00 AM – 11:00 AM | In person at Kanabec County Public Health