

Definitions for Mental Health Services

Included in this list are codes specific to this program area.

401x **Information and Referral**

Provision of information to individuals regarding social and human services, and assistance to individuals in making contact with resources that can respond to needs or problems.

Statewide Sub-Service Codes:

402 – Adult Mental Health Initiative Fiscal Host Fee

403 – Community Support Program Fiscal Host Fee

402x **Community Education and Prevention**

Activities designed to educate the public about mental health and co-occurring issues. Goals are to increase understanding of mental health, reduce stigma, promote recovery and increase awareness of availability of resources and services, improving skills in dealing with mental health issues.

403x **Adult Client Outreach**

Activities within the community and segregated settings designed to locate and engage potentially eligible adults, inform them of available mental health services and ensure they have access to those services.

404x **Client Outreach (Family Community Support Services)**

Services designed to locate children within the community who have or may have severe emotional disturbance, inform them or their families of available community support services and ensure they have access to those services.

405x **Child Outpatient Diagnostic Assessment/Psychological Testing**

Diagnostic assessment of children, including history, mental status and functional assessment or disposition by a licensed mental health professional. This excludes diagnostic assessments provided as part of day treatment or family community support services, and those provided by staff of a residential or inpatient program. This includes psychological testing by physician/psychologist.

407x **Early Identification and Intervention**

Services designed to identify persons at risk of needing or in need of mental health services and arrangements for intervention and treatment. This service can be provided to both children and adults.

408x **Adult Outpatient Diagnostic Assessment/Psychological Testing/
Explanation of Findings**

Diagnostic assessments, psychological testing, and explanation of findings, as defined in Minnesota Administrative Rules, parts 9505.0370 to 9505.0372, by a qualified mental health professional.

Note: Activities include those completed in accordance with the Omnibus Budget Reconciliation Act (OBRA: (a) Pre-Admission Screening (PAS) not covered by Minnesota Statutes, section 256B.0911; (b) Level II Evaluations for PASRR and (c) Diagnostic assessments required prior to nursing home admission. Refer to 505x for PASRR activities related to people with developmental disabilities or related conditions.

409x **Pre-petition Screening/Hearing**

An investigation prior to a commitment hearing which must meet standards specified in the Minnesota Commitment Act (Minnesota Statutes 253B.07, subd. 1).

410x **Child Level of Care Determination**

Determination by a licensed mental health professional of a child's level of care prior to admission to a treatment center if public funds are used, or to an acute care hospital for treatment of severe emotional disturbance if public funds other than Medical Assistance or MinnesotaCare are used to pay for services. Requirements for this activity are defined in Minnesota Statutes 245.4885, subd. 1.

Note: Provided to persons under age 21.

416x **Transportation**

Travel (escorted or unescorted) to and from sites such as employment, stores, services and medical and non-medical appointments to maintain or assist in recovery. This might include transit cards, mileage reimbursement and taxis.

418x **Client Flex Funds**

Goods or services purchased to meet basic physical or medical needs. Examples include medications, clothing, auto repair and food. Entities must have a written policy regarding the use of client flex funds.

Note: If housing-related, use 443x Housing Subsidy. If transportation-related, use 416x Transportation.

419x **Court-related Services and Activities**

Court-related services and activities include mediation, court appearances and preparation for court, such as document preparation and consultation with county attorney's office, law enforcement and other investigatory agencies.

Note: If client is open to Children's Services, use BRASS code 119. If open to VA/DD, use BRASS code 619.

420x

Peer Support Services

Non-clinical, recovery-focused activities encouraging empowerment, self-determination and decision-making provided by certified peer specialists.

430x

Other Family Community Support Services (FCSS)

Community-based services provided under the clinical supervision of mental health professionals to help children with emotional disturbance to function and remain in the community. These services can include any of the following:

- 1) Medication monitoring
- 2) Developing independent living skills
- 3) Developing parenting skills
- 4) Leisure and recreational activities
- 5) Locating respite care and special needs daycare
- 6) Assistance in obtaining financial resources, including applying for financial benefits
- 7) Crisis assistance/crisis plan development
- 8) Therapeutic support for foster care.

431x

Adult Mobile Crisis Services

Face-to-face services for adults who may be experiencing a mental health crisis or emergency. These services include crisis assessment, intervention and community (non-residential) stabilization. This code covers infrastructure development, such as training, as well as ancillary and supportive services.

Note: This service is distinct from development of a wellness plan (434X) and Adult Residential Crisis Stabilization (436X).

432x

Children’s Mental Health Crisis Services

Face-to-face assessment services for children who may be experiencing a mental health crisis or emergency, and/or provision of crisis intervention services to children with mental illness experiencing a mental health crisis or emergency. These services include crisis assessment, intervention and community (non-residential) stabilization. This code covers infrastructure development, such as training, as well as ancillary and supportive services.

434x

Community Support Program Services

Services, linked to a support plan, provided to individuals at locations of their choice in order to stay in the community. Examples are grocery shopping, social activities, housekeeping and creation of a wellness plan.

436x **Adult Residential Crisis Stabilization**

Individualized services to assist individuals returning to their community. Provided following a mental health crisis assessment and intervention as part of a treatment plan for a crisis. This code is used for residential services only.

437x **Supported Employment and Individualized Placement and Support Service**

Person-centered support provided to those with a serious mental illness to locate and maintain competitive employment in the community. This cannot be used for center-based employment.

438x **Assertive Community Treatment (ACT)**

ACT is an intensive, comprehensive, non-residential rehabilitative mental health service using a team approach. ACT services are (a) Provided by multi-disciplinary, qualified staff with the capacity to provide most mental health services necessary to meet a person's needs, using a total team approach; (b) Directed to persons with a serious mental illness requiring intensive services; and (c) Offered on a time-unlimited basis, available 24 hours per day, seven days per week, 365 days per year. This service must meet standards specified in Minnesota Statutes 256B.0622.

439x **Child Mental Health Behavioral Aide Services**

Activities to implement rehabilitative mental health services goals identified in children's individual treatment plan, allowing them to acquire developmentally and therapeutically appropriate daily living, social, leisure and recreational skills through targeted activities. These activities are described in Minnesota Statutes 256B.0943, subd. 9(b)(4).

440x **Direction of Child Mental Health Behavioral Aides**

Activities of mental health professionals or practitioners to guide mental health behavioral aides in providing services to clients. Directions to mental health behavioral aides must be based on client's individualized treatment plans. A description of this activity is in Minnesota Statutes 256B.0943, subd. 1(i).

443x **Housing Subsidy**

Direct payments for rent, utility costs, deposits on housing and utilities; household furnishings and supplies; or storage and moving costs.

446x

Basic Living/Social Skills and Community Intervention

Basic living/social skills and community intervention services provided to rehabilitate and enable recipients to develop and enhance psychiatric stability, social competencies, personal and emotional adjustment, and independent living and community skills, including Adult Rehabilitative Mental Health Services (ARMHS) and other rehabilitative treatments.

Note: Medication education should be reported as 454x Adult Outpatient Medication Management.

451x

Emergency Response Services

Response services available on a 24-hour, seven-day-a-week basis for persons having a psychiatric crisis, mental health crisis, or emergency. Emergency response services include telephone hotlines and similar services.

Note: Face-to-face crisis services should be coded under 431x or 432x.

452x

Adult Outpatient Psychotherapy

Psychotherapy provided by or under clinical supervision of mental health professionals to adults with mental illness. This service is provided outside of an inpatient or residential setting and excludes psychotherapeutic services provided as part of a day treatment program.

453x

Child Outpatient Psychotherapy

Psychotherapy provided to children with an emotional disturbance under clinical supervision of mental health professionals. This service is provided outside of an inpatient or residential treatment setting and excludes psychotherapeutic services provided as part of day treatment or family community support services.

Note: This code should be used for services provided by an **outside** provider within an inpatient or residential setting; 453x is a single service. Intensive Treatment in Foster Care provides a package of services.

454x

Adult Outpatient Medication Management

Prescription, medication education and review for adults as a means of controlling or eliminating severe behavior problems, or effects of mental illness. This excludes medication management services provided as part of day treatment, community support program and services provided by staff of a residential or inpatient program.

455x **Child Outpatient Medication Management**

Prescription, medication education and review for children as a means of controlling or eliminating severe behavior problems, or effects of emotional disturbance. This excludes medication management services provided as part of day treatment, community support services, or services provided by a residential or inpatient program.

457x **Child/Family Psychoeducation**

Individual, family, or group services, delivered by mental health professionals designed to educate individuals or families in understanding child's symptoms of mental illness, impact on youth's development and needed components of treatment and skill development to prevent relapse, acquisition of co-morbid disorders and achieve optimal mental health and long-term resilience.

458x **Approved Pilot Projects**

Innovative services, not otherwise specified in BRASS Codes, approved by the department as part of a pilot program under grant or contract.

462x **Family-based Services**

Professional home-based family treatment services are intensive mental health services provided to children at risk of, in, or returning from out-of-home placement due to an emotional disturbance. Services must be designed to meet the specific mental health needs of child and family, and must be provided by a team consisting of a mental health professional with other family/child mental health providers. Services must be flexible, be able to handle crises 24 hours per day, and coordinate with other services. The duration, frequency and intensity of services are determined through individual treatment plans.

463x **Intensive Treatment in Foster Care**

A bundled service package that may include psychotherapy, crisis assistance, psychoeducational services and clinical care consultation. This service, delivered by mental health professionals or clinical trainees, is designed to treat mental health symptoms and functional impairments of children ages birth to 21 residing in a licensed family foster home.

464x **Clinical Care Consultation**

Communication between treating mental health professionals and other providers or educators working with the same recipient. This service is provided on behalf of children ages birth to 21 who have a mental health diagnosis. It includes consultation to discuss issues about a recipient's symptoms, strategies for effective engagement, care and intervention needs, treatment expectations across service settings and clinical service components provided to recipients and family.

467x

Child Day Treatment

A structured program of group psychotherapy and other intensive therapeutic services provided at least once a week for a minimum three-hour time block by multi-disciplinary staff under clinical supervision of mental health professionals. The purpose of these services is to stabilize children's mental health status and develop and improve their daily independent living and socialization skills. Child day treatment services must be coordinated and integrated with, or be part of an education program offered by children's school, but are not part of inpatient or residential treatment services.

468x

Adult Day Treatment

A time-limited, structured program of group psychotherapy, rehabilitative mental health and other intensive therapeutic services provided by a multi-disciplinary team to reduce the effects of mental illness, promote recovery and enable transition to a lower level of care in the community.

469x

Partial Hospitalization

A time-limited structured outpatient program of psychotherapy and other therapeutic services provided by a qualifying hospital or community mental health center. Services must comply with Minnesota Administrative Rules, parts 9505.0370 to 9505.0372.

472x

State-operated Inpatient

The 24-hour comprehensive inpatient services provided to persons with mental illness or emotional disturbance in a regional treatment center or community behavioral health care hospital operated by the department.

473x

Acute Care Hospital Inpatient

Short-term medical, nursing, and psychosocial services provided to persons with mental illness or emotional disturbance in an acute care hospital licensed under Minnesota Statutes, chapter 144.

474x

Intensive Residential Treatment Services (IRTS)

IRTS are delivered by an enrolled Minnesota health care program (MHCP). Eligible recipients of IRTS are in need of a more restrictive setting to reduce the risk of significant functional deterioration. IRTS are designed to develop and enhance psychiatric stability, personal and emotional adjustment, self-sufficiency and skills to live in a more independent setting.

476x **Inpatient Community-based Psych Under 21**

Inpatient psychiatric level of care provided in a community-based (non-hospital) psychiatric residential treatment facility (PRTF) to individuals under age 21. PRTF, as identified at 42 C.F.R. § 483.352, is a separate, stand-alone entity providing a range of comprehensive services to treat psychiatric conditions of residents under direction of a physician.

477x **Subacute Psychiatric Care**

Intensive, short duration stay in a facility licensed under hospital rules for children and adolescents in crisis, at risk of psychiatric hospitalization and in need of sustained intervention greater than children's mental health crisis services. This service may also follow inpatient psychiatric hospitalization as a transition to community-based services. This service is distinct from the crisis assistance services component of FCSS (430x); this service must follow receipt of Children's Mental Health Crisis Services (432x), or inpatient hospitalization.

480x **Children's Mental Health Residential Service Path**

An optional way children with a severe emotional disturbance gain access to residential treatment services. A level of care screening conducted by a mental health professional is required. A voluntary placement agreement or court-ordered placement does not occur. Child Rule 79 Case Management (490x) may run concurrently based on parental choice. The county agency will maintain payment responsibility. Services must comply with Minnesota Statutes 245.4885.

483x **Children's Residential Treatment**

A 24-hour therapeutic program for children with a mental health diagnosis as defined in Minnesota Statutes 245.4882. This program must be licensed under Minnesota Rules, **chapter 2960**, which includes mental health certification **and/or QRTP certification**. This service includes the initial 60-day clothing allowance. Excluded are acute inpatient services in a public or private hospital.

Note: Services provided in shelters operating under Minnesota Rules, part 9545.1045, should be coded under 171x.

489x **Child Respite Care**

Short-term care provided to children with emotional disturbance due to temporary absence or need for relief of persons normally providing care. Respite care may be provided during the day or overnight in individual's home or in an out-of-home setting from one hour to several days. This includes crisis nursery services and respite provided in a foster home.

490x **Child Rule 79 (Minnesota Rules, parts 9520.0900 to 9520.0926) Case Management**

Activities coordinated with family community support services to help children with severe emotional disturbance and their families obtain needed mental health services, social services, educational, health, recreational and related services. Case management services may include assisting in obtaining a comprehensive diagnostic assessment, developing a functional assessment, developing an individual family community support plan, assisting child and family in obtaining needed services by coordination with other agencies, monitoring delivery of services and assuring continuity of care.

491x **Adult Rule 79 – Targeted Case Management**

Services designed to help persons gain access to needed medical, social, educational, vocational, financial and other necessary services as they relate to a person's mental health needs. Services must comply with the Minnesota Comprehensive Adult Mental Health Act, Minnesota Statutes 245.462.

492x **Child General Case Management**

A systematic process of ongoing assessment, planning, referral, service coordination and monitoring, consultation and advocacy through which multiple service needs of children are addressed.

493x **Adult General Case Management**

A systematic process of ongoing assessment, planning, referral, service coordination and monitoring, consultation and advocacy through which multiple service needs of clients are addressed.

496x **Mental Health Clinical Service Plan Development**

The development, review and revision of children's individual treatment plans, as provided in Minnesota Rules, part 9505.0371, subp. 7, including involvement of client or their parents, primary caregiver, or other person authorized to consent to mental health services, including arrangement of treatment and support activities specified in individual treatment plans. Recipients must be under age 21, have a mental illness diagnosis and meet medical criteria necessary for rehabilitative mental health services.