

Region 7E AMHI and Mobile Crisis Governing Board Governing Board Meeting Agenda

Governing Board Members	Affiliation
Kelly Ihrke, 2026 GB Chair Jolene Thorsen	Chisago County
Emily Hawkins, 2026 Vice Chair Alexandria Godeen	Isanti County
Katie Heacock Chuck Hurd	Kanabec County
Jessica Andrich Char Kohlgraf	Mille Lacs County
Barbara Schmidt Rebecca Foss	Pine County
Stacy J. Michelle O.	Consumer Rep Consumer Rep

Meeting URL:

<https://us02web.zoom.us/j/83069978187>

Meeting ID: **830 6997 8187** and Passcode:
445737

For better sound quality, dial: **1 312 626 6799**

Meeting ID: **830 6997 8187** and Passcode:
445737

To unmute if calling in, press *6

Please note: One or more Board members may participate in this meeting by interactive technology.

MEETING DATE/TIME/LOCATION:

Isanti County Health and Human Services, Oakview Office Complex, 1700 E Rum River Dr. S. Suite A, Cambridge, MN 55008;
Meeting is from 9am-12pm in Conference Room A and via Zoom.

1. CALL TO ORDER

2. ROLL CALL/QUORUM CONFIRMATION (Quorum = 7 voting members)

3. CONSENT AGENDA:

Items listed under Consent Agenda are considered routine and may be approved in one motion unless a Board member requests removal for separate discussion.

Approval of Prior Meeting Minutes

Approval of Agenda

Motion: _____ Second: _____ Vote: _____

4. ACTION ITEMS

A. Budget Review & Financial Actions

Budget Review

- AMHI:
 - Overspending, Underspending
 - Dollars unallocated = \$116,564
- Mobile Crisis:

Regional Flex Fund requests exceeding \$1,000:

- Pine Regional Flex Fund Request for moving services (for Bridging)
 - Quoted \$1,500-\$1,800
- Motion: _____ Second: _____ Vote: _____
- Mille Lacs Regional Flex Fund Request for housing app fee/damage deposit
 - \$1,145
- Motion: _____ Second: _____ Vote: _____

- Pine Regional Flex Fund Request for Drop In Center transportation- all of 2026 for two individuals.
 - \$4,920 each for total of \$9,840 for 2026.
- Motion: _____ Second: _____ Vote: _____

- Isanti Regional Flex Fund Request for remaining rent balance.
 - \$1,008
- Motion: _____ Second: _____ Vote: _____

- Isanti Regional Flex Fund Request for moving services (for Bridging)
 - Estimate: \$1,500
- Motion: _____ Second: _____ Vote: _____

Uncompensated Care funding requests exceeding \$1,000:

- None

New Funding Requests/ Scoring, if any

1. Attaboys Inc.
 - a. \$40,000
 - b. BRASS 416
 - c. Score/Discussion
2. Wellness in the Woods
 - a. \$11,196
 - b. BRASS 402
 - c. Score/Discussion
3. Selah Wellness
 - a. \$330,000
 - b. BRASS 454, 408, 418, 452,
 - c. Score/Discussion
4. Certified Peer Specialist Training expenses for individuals selected from Region 7E.
 - a. 3 Individuals selected:
 - b. Cost estimates: BRASS 402
 - i. Lodging: \$1,500/person (\$3,000)
 - ii. Mileage: \$350/person (\$700)
 - iii. Total request for those requesting assistance not to exceed: \$3,800.

New Funding Allocations/ Contracts/ RFP, if any

1. Lakes and Pines
 - Action Requested: Determine if the Housing Triage position should be posted/hired, or if an alternative plan should be pursued.
 - Alternative plan suggestion: Benefits Assistance Services
 - Discussion
 - Motion: _____ Second: _____ Vote: _____
2. PBHS
 - Action Requested: Approve of PBHS's request to also provide an in person offering, in addition to online, for their Parenting Skills program.
 - Discussion
 - Motion: _____ Second: _____ Vote: _____

3. RISE

- Action Requested: Approve of the RISE contract amendment/language
- Discussion
- Motion: _____ Second: _____ Vote: _____

B. Policy / Governance Actions

Item: Updated R7E Housing Subsidy policy and form

Action Requested: Approve the updated policy/form or identify changes needed.

Motion: _____ Second: _____ Vote: _____

Item: Updated Bed referral form

Action Requested: Approve the updated form or identify changes needed.

Motion: _____ Second: _____ Vote: _____

Item: TSA Business Associate Agreement

Action Requested: Designate who will sign on behalf of R7E AMHI.

Motion: _____ Second: _____ Vote: _____

C. Program / Operational Actions

Item: Subcommittees/Workgroups

- Survey results – 10 total responses *as of 3/13/26*
 - (Isanti x2, Mille Lacs x2, Kanabec x1, Pine x1, Chisago x2, Consumer Rep-1, Planner-1)
- Subcommittee preference- 1st choice
 - Mobile Crisis- 2/10
 - Data/Outcomes/Process- 3/10
 - Housing- 4/10
 - Transportation-0/10
 - I do not have capacity- 1/10
- Subcommittee preference -2nd choice
 - Mobile Crisis 2/10
 - Data/Outcomes/Process- 2/10
 - Housing- 1/10
 - Transportation – 5/10
- Subcommittee attendance- Planner
 - 10/10 responses listed Outcomes/Data/Process (8/10) or Mobile Crisis Services 2/10) as the most important for planner to attend.

- 7/10 responses listed Mobile Crisis Services as the 1st or 2nd most important for the Planner to attend.
- 4/10 listed Housing as the least important. 3/10 listed Transportation as least important.

Action Requested: Establish Subcommittees and Identify Member County Assignments and/or Nominations

Planner suggestions only:

- Mobile Crisis:
 - 3 reps (*Isanti, Pine, [redacted]*)
 - E/O month, even months
- Data/Outcomes/Process:
 - 3 reps (*Kanabec, Consumer Rep, [redacted]*)
 - E/O month, odd months
- Housing (all programs):
 - 2 reps (*Mille Lacs, Chisago*)
 - Meet quarterly
- Transportation:
 - 2 reps (*[redacted], [redacted]*)
 - Meet quarterly
- Current rep designations put each in their top subcommittee priority area.
- Planner will strive to attend all subcommittees established; priority given to Outcomes/Data/Process and Mobile Crisis Services.
- Once member counties are identified for each subcommittee, I will issue polls to select best dates/times.

Motion: _____ Second: _____ Vote: _____

5. NON-ACTION ITEMS (Information / Discussion)

1. Program/Provider Updates / Performance Metrics

○ RISE Housing

- Information pulled from Jan and Feb 2026 invoices

Month in 2026	January	February	March /
People Served			
Chisago	5	3	
Isanti	3	4	
Kanabec	3	1	
Mille Lacs	2	1	
Pine	4	3	
Subsidy			
Chisago	0	1	
Isanti	2	0	
Kanabec	0	0	
Mille Lacs	0	0	
Pine	0	0	
THP-Pine	0	0	

- Information from RISE:

YTD Enrollments = 15: Isanti = 4 Chisago = 4 Pine = 4 Kanabec = 2 ML = 1

Current Enrollments = 9: Isanti = 3 Chisago = 3 Pine = 2 Kanabec = 1

Length of time enrolled = 18 months, 17 months, 10 months, 6 months (3), less than 1 month (3)

- Discussion
- **Growing Connections**
 - Updates

- **Juettner Marketing/Linwood Group Meetings**
 - Resource Directory
- 2. Uncompensated Care Form/Policy Review
 - Recommend adding BRASS 454- Adult Outpatient Medication Management
 - Discussion
- 3. Grant Monitoring and Financial Review Policy/Form Update
- 4. Wishlist Review and update

Wishlist:	Funding Requests Scored, but not funded:
Support groups	Willow Grove Supportive Housing (\$55,000) (22/30)
Needs assessment in 2027 for 2028	RISE Housing add'l funding (\$115,000) (22/30)
Training for county case managers	Love the Journey- Uncomp. Care (\$104,512) (19/30)
Jail Supports/Services	TSA- Flow State Healing- Level 1 (\$5,258) (17/30)
CIT	APFY Outreach position (\$83,638) (12/30)
	L&P- Portable Shower/Laundry (\$127,545) (12/30)
	RADIAS Health- ACT flex funds- (\$2,500) (7/30)

- 5. Planner Events and LAC attendance survey results
 - Events identified:
 - OCCs for all five counties
 - Suicide Prevention Walk/Run
 - LAC attendance preference:
 - Chisago- Quarterly, as needed or requested
 - Isanti- every other month, as needed or requested
 - Kanabec- as needed or requested, email update only
 - Mille Lacs- biannually, as needed or requested
 - Pine- monthly
 - Consumer Rep SJ- every other month

6. MISCELLANEOUS

- Announcements
 - Bridges Voucher- Priority 1 referrals being accepted through April 2026 or until all four available are issued.
 - Mobile Crisis RFP issued 2/27/26
 - AMHI available funding notification issued 2/27/26
 - Mental Health Day on the Hill 3/26/26
 - AMHI/CSP Statewide Meeting on Thursday, April 2nd, 1-3pm
- Future Agenda Items
- Board Member Comments

7. PUBLIC COMMENT

Members of the public may address the Board. Comments are limited to three (3) minutes per speaker. The Board may not engage in discussion but may refer items for future consideration.

8. ADJOURNMENT

Motion: _____ Second: _____ Vote: _____

Time Adjourned: _____