



VIRTUAL

GRANDPARENTS & KINSHIP CAREGIVER SUPPORT GROUP Raising Tweens & Teens

Facilitated by:

Annelies Hagemester, LICSW, PHD
& April Fohrman, MS

A supportive group for grandparents and relatives raising tweens and teens. Offering connection, understanding, and support for both temporary and long-term care.

What you will find in this group:

- ✓ Helpful skills and tools for raising kids today
- ✓ Guidance on navigating teen challenges, behaviors, and communication
- ✓ Tips for managing stress, boundaries, and family dynamics
- ✓ A supportive space to talk to others who understand
- ✓ Connection with caregivers facing similar challenges



Event Details:

- 📍 VIRTUAL (link will be sent after registration)
- 🕒 Thursdays 6:30 -7:30pm
- 📅

May 7	June 11
May 14	June 18
May 21	June 25
May 28	July 9
June 4	July 16

(No group July 2 - Fourth of July week)

For Registration
& Questions
Contact Annelies:



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