

## Partial Day Treatment

Our Partial Day Treatment program provides intensive care for individuals with substance use disorders while allowing them to remain in their home community. Using a partial hospitalization and enhanced intensive outpatient treatment model, the program offers stabilization through a structured, supportive environment. Treatment is designed to address the whole person and help individuals build stability, purpose, and a foundation for lasting recovery. The program serves as a step-down from inpatient or residential treatment or as a strong entry point for those who need more support than outpatient care.

### Program Overview

- 5 hours each, 5 days a week
- At least 20 - 25 hours of weekly clinical services
- High level of support
- Multidisciplinary care team
- Individualized treatment planning
- Option for medication assisted treatment (MAT)

### Who PHP Is For

- Individuals completing detox or residential treatment
- Those needing intensive support without 24-hour hospitalization or residential treatment
- People seeking structure and accountability early in recovery
- Individuals safe to return home each day

### Benefits of PHP

- Strong support without full inpatient stay
- Help prevent relapses and supports long-term recovery
- Bridges the gap between inpatient and outpatient care
- Encourages independence while maintaining structure
- Build connection, confidence, and coping skills

### Current programming:

- Group and Individual Therapy each day: 3 pm – 8:30 pm
- Medication management and monitoring
- Ongoing clinical support in a safe, therapeutic environment