AGENDA

Region 7E Adult Mental Health Governing Board Meeting

October 26, 2026 | 9:00am - 12:00Noon | Participate in Person or via Zoom

Governing Board Members	Affiliation
Kelly Ihrke, **2026 GB Chair** Jolene Thorsen	Chisago County
Emily Hawkins, **2026 Vice Chair** Alexandria Godeen	Isanti County
Katie Heacock Chuck Hurd	Kanabec County
Jessica Andrich Char Kohlgraf	Mille Lacs County
Barbara Schmidt Amy Tvedt	Pine County
Stacy J. Michelle O.	Consumer Rep Consumer Rep

Meeting URL:
https://us02web.zoom.us/j/81499823824?from=addon
Meeting ID: **814 9982 3824** and Passcode: **114149**

For better sound quality, dial: **1 312 626 6799**
Meeting ID: **814 9982 3824** and Passcode: **114149**
To unmute if calling in, click: ***6**

One or more Board members may participate in this meeting by interactive technology. We request consideration and support of maintaining a scent-free environment.

1. CALL TO ORDER- Time: _____

2. ROLL CALL/QUOROM CONFIRMATION

3. CONSENT AGENDA:

Items listed under Consent Agenda are considered routine and may be approved in one motion unless a Board member requests removal for separate discussion.

- Approval of September 28 Meeting Minutes
- Approval of October 2 Budget Meeting Minutes
- Approval of Agenda

Motion: _____ Second: _____ Vote: _____

4. ACTION ITEMS

A. Budget Review & Financial Actions
   a. Budget Review
   b. Regional Flex Fund requests exceeding $1,000:
      - Unallocate $19,232 from Growing Connections (Brass 434)
      - Unallocate $4,500 from Attaboys
      - Unallocate $17,000 from Northern Transportation Inc/Stark Transportation
      - Review APFYs proposed budget adjustment, if approved, unallocate $10,687
      - Allocate additional funds to Uncompensated Care (Brass 452, 454, 408)
   a. Motion: _____ Second: _____ Vote: _____

B. End of Year Reminders

C. 2027 Workplan and budget questions:
   a. 2027 Regional Administrative Amount
   b. Lakes and Pines Landlord Seminar
   c. Brass 403 on 2027 Workplan

D. Mobile Crisis Updates

E. Regional Flex Fund Requests:
   a. Pine Drop in Center Transportation additional funding request
      i. Brass 416
      ii. Additional $4,000
   b. Chisago County, moving services from one home to another, including packing
      i. Brass 443
      ii. $3,563
   c. Isanti County
      i. Brass 416
      ii. Additional $900 (annual total of $1,400)
   d. Pine County
      i. Brass 443
      ii. $1,500

F. Uncompensated Care Requests
   a. Review of September request: Love the Journey
      i. Brass 443
      ii. $3,500 (annual total of $4,500)
   b. Selah Wellness, uninsured
      i. Brass 408 and 452
      ii. $2,515
   c. Selah Wellness, uninsured
      i. Brass 452 and 454
      ii. $2,656.77
   d. Empower Recovery, Pine, car repairs
      i. Brass 418
      ii. $1,216.07

G. New Funding Requests, if any
   a. None

H. Certified Peer Specialist Training
   a. Determine how applicants will be selected in applications exceed 11

Item: _____

Action Requested: _____

Motion: _____ Second: _____ Vote: _____

5. NON-ACTION ITEMS (Information / Discussion)

- Grant Monitoring and Review Updates
    a. APFY
    b. Lakes and Pines
- AMHI/CSP Statewide Meeting
- Workgroup Updates

6. MISCELLANEOUS

- Announcements
- Future Agenda Items
- Board Member Comments

7. PUBLIC COMMENT

Members of the public may address the Board. Comments are limited to 3 minutes per speaker. The Board may not engage in discussion but may refer items for future consideration.

8. ADJOURNMENT

Motion: _____ Second: _____ Vote: _____
Time Adjourned: _____

2026 Governing Board and Regional LAC Meeting Schedule

- **Governing Board Meetings: 9:00am – 12:00pm: 4th Monday each month except May and December**
- **Regional LAC Meeting: 1:00-2:00pm – every other month as scheduled below**

In Person at Isanti County Family Services, Conference Room A and virtual via Zoom

January 26 – 1:00pm Regional LAC Meeting	**July 27 – 1:00pm Regional LAC Meeting**
February 23	**August 24**
March 23 – 1:00pm Regional LAC Meeting	**September 28 - 1:00pm Regional LAC Meeting**
April 27	**October 26**
May 18 – 1:00pm Regional LAC Meeting ONE WEEK EARLY	**November 23 - 1:00pm Regional LAC Meeting**
June 22	**December 21 ONE WEEK EARLY**

Wish List

- Transportation stipends for SPMI via Lift or Uber Account.
- Jail support/services
- Crisis training for County Case Managers
- Support Groups
- Budget for a needs assessment in 2027 for 2028.