

2026 CHISAGO AGE WELL EXPO

"It's Never Too Late to Learn Something New!"

Friday, October 16th, 9:00 am - 1:00 pm

Chisago Lakes High School Performing Arts Center (PAC)

www.ChisagoAgeWell.org for more information

Presentations:



**10:30 am Keynote Speaker:
"Joy in Every Season"**

Jenni Thyng Speaker & Entertainer



**1:00 pm "What's New in
Medicare 2027?"**

Laura Sakry, MN Aging Pathways

Mini-Classes

9:45



**Exercise
with Diane**

10:15



**Paint
with Pam**

11:45



**Line
Dancing**

12:15



**Ukulele
Lesson**

Over 60+ Vendors

from local organizations

Vaccine Clinic

Thrifty White Pharmacy

Bring your insurance card

Health Screens::

Blood Pressure

Hearing

Balance

and more!

Unexpected Company

12:30pm

Community Choir Performance

Sponsored by Fairview Health



Lunch Concessions

Catered by

Dinner Rebellion